



**Patricia, Certified PCP
Facial Art Permanent Cosmetics**

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Areola Aftercare

Please Note: Immediately after your procedure, your procedure area may appear too dark with an unnatural “drawn in” appearance. It is only when healing is complete that you will be able to fully appreciate the color and softness of your procedure. Most of the time, they will actually heal too light, which will be corrected during the “perfecting session.”

- Never use your fingers to apply vaseline. Use a clean Q-tip to apply the vaseline. No fingers!!
- Apply vaseline 4-6 times daily (a light coating only) for 5-7 days until your procedure is healed - usually one week. This keeps dust particles out of pigmented area and allows pigment to heal in skin. Before bathing and sleeping, apply an additional light coating of vaseline to the procedure area.
- Do not let the full pressure of the shower hit your tattooed area for one week. Water and soap may run down your body, though.
- Any possible itching in procedure area may be alleviated by pressing with a clean Q-tip. Do not rub, pick or peel off any pigment in procedure area during the healing process - you will remove pigment. A light peeling or scabbing may occur, this is normal.
- No sun, sauna, jacuzzi or swimming in chlorinated water or the ocean until the procedure is healed.
- Do not strenuously exercise until procedure is healed if you are prone to headaches.

REMEMBER: Like any cosmetic procedure, this is a process. Do not expect immediate results. **Please** be patient. It will be a few weeks before you can fully appreciate the results. **And** you will love it!!! Thank you.

Date and Pigment applied:_____ . If all steps outlined above are not followed, an infection could occur. Signs of infection include increased redness or swelling, increased soreness or pain, continual bleeding, discharge or oozing of fluid, fever, heat/warmth at site, red streaks originating from site, swollen glands. Please seek medical attention and let me know. Thank you.