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Additional Post Lip Care

Please Note: Immediately after lip procedure (because lips may be swollen), they may appear to be uneven or crooked. Please do not be concerned. The swelling diminishes (10 - 24 hours with the use of ice) and your lips will become evenly shaped.

- Apply vaseline with a clean Q-tip. No Fingers!! Before bathing and/or sleeping, apply an additional light coating of vaseline to the lips.
- Keep lips well lubricated with vaseline for at least one week or so, longer if lips are not yet healed. Do not peel or pick off any crust which may appear on lips - you will remove pigment.
- Drink through a straw for the first 4-6 days. Do not let greasy, salty, oily, acidic or spicy foods touch your lips. Avoid citrus fruits and juices while the lip procedure is healing. If you eat/drink these items, make sure the food does not touch your lips.
- Do not lick or wipe your lips while healing; pat your lips gently with a napkin. Do not rub or traumatize lip-pigmented areas (i.e., no heavy kissing, etc.).
- Be careful when brushing your teeth. Toothpaste may pull out pigment in the lip vermillion.
- No sun, sauna, jacuzzi and swimming in chlorinated water or the ocean for one week, or until the lips are healed.
- If you are prone to headaches, do not exercise strenuously until procedure is healed.

Remember: Like any cosmetic procedure, this is a process. Do not expect immediate results. The retention of your first lip application is approximately 40%. **Please** be patient. In two weeks or so, you will see the color gently reappear; it will continue for 28-30 days. You will love it!!! Thank you.

Date and Pigment applied:_____ . If all steps outlined above are not followed, an infection could occur. Signs of infection include increased redness or swelling, increased soreness or pain, continual bleeding, discharge or oozing of fluid, fever, heat/warmth at site, red streaks originating from site, swollen glands. Please seek medical attention and let me know. Thank you.